

# MAJOR TAYLOR CYCLING CLUB OF NEW JERSEY

## 2010 CLUB RIDE CALENDAR

- **NWK = Start at Newark Penn Station** ● **Always Check MTCCNJ Face Book Page and website for updates**
- **GWB = Start at George Washington Bridge, NJ side** ● **Rides are only canceled if raining**
- **Rides occur on Sunday unless noted otherwise** ● **Rides Start 15 minutes after the time listed**

TEMPO THURSDAYS- 6 AM BRANCH BROOK PARK (contact T. Gomez at [tony.gomez@comcast.net](mailto:tony.gomez@comcast.net))

TRAINING THURSDAYS - 6 PM BROOKDALE PARK (contact J. Sowell at (973) 416-0879 or [sowell2000@AOL.com](mailto:sowell2000@AOL.com))

April 3 <sup>rd</sup> 10:00 AM- noon BB Park* Saturday	<b>MTCCNJ TRAINING SESSION I</b> – Welcome new cyclist. Topic review cycling basics and safety on the road. All cyclists are encouraged to participate in lap riding. *( <b>BB = Branch Brook Park Newark. Meet at entrance near Heller Parkway and Mill Street</b> )	July 18 <sup>th</sup> 8:00 AM GWB	<b>Nyack, NY</b> – (45 miles R/T) An intermediate ride down the infamous 9w with hundreds of other cyclists. Moderate and rolling hills with a steep climb on route back.
April 11 <sup>th</sup> 8:00 AM NWK	<b>Where the Eagles Fly</b> - (25 miles R/T) First ride of the season. Get your heart pumping and blood flowing as we ascend to the top of the Eagle Rock Reservation in West Orange. The view is worth it.	July 25 <sup>th</sup> 8:00 AM HG*	<b>Great Swamp Loop</b> – (50 miles R/T). An easy ramble from Millburn Bike Shop out to the Great Swamps. Mostly flat with a few rolling hills along the way. Meet at High Gear Cyclery, Millburn, NJ.
April 18 <sup>th</sup> 8:15 AM NWK	<b>Garrett's Mountain-</b> (50 miles R/T) Ride out to Garret Mountain Reservation which is situated more than 500 feet above sea level and provides sweeping views of northern New Jersey and the New York City skyline. Club picture to be taken.	August 1 <sup>st</sup> 6:30 AM NWK	<b>Mysterious Raj</b> – (45 mile direct one-way or 90 R/T). Ride from Newark to Sandy Hook and return to NY by Ferry and to NJ by PATH. Cost minimum \$30 for Ferry and PATH.
April 25 <sup>th</sup> 8:00 AM NWK	<b>Cherry Blossom Ride</b> – (45 or 60 mile R/T) Cycle through 8 of 22 Essex County towns. Finish with a ride through the world famous Cherry Blossoms in Branch Brook Park.	Aug 7 <sup>th</sup> - 8 <sup>th</sup> 6:30 AM NWK Sat -Sun	<b>Historic New Hope</b> – 120 mile ride R/T trip to historic New Hope Pennsylvania. This is our premier ride of the season. Join over 100 cyclists as we ride the mostly flat route to PA. (50/80 miles R/T to New Brunswick or Princeton) Club picture to be taken.
May 2 <sup>nd</sup> TBD	<b>5- Borough Bike Tour</b> – Registration begins February 1, 2010. <a href="http://www.5bbc.org">www.5bbc.org</a> . If you participate, please wear the club kit.	August 14 <sup>th</sup> 10AM-noon BB Park Saturday	<b>MTCCNJ TRAINING SESSION V</b> – Welcome New Members – Topic - Practice pace line riding. All cyclists are encouraged to participate in lap riding. ( <b>BB = Branch Brook Park Newark. Meet at entrance near Heller Parkway and Mill Street</b> ).
May 8 <sup>th</sup> 10AM- noon BB Park Saturday	<b>MTCCNJ TRAINING SESSION II</b> – Welcome New Members – Topic - Practice Pace Lining riding. All cyclists are encouraged to participate in lap riding. ( <b>BB = Branch Brook Park Newark. Meet at entrance near Heller Parkway and Mill Street</b> )	August 15 <sup>th</sup> 7:30 AM NWK	<b>Atila's Madness-</b> (90 Miles R/T) Test your endurance on this rolling romp through the western part of the state.
May 16 <sup>th</sup> 8:30 AM HG*	<b>Spring Fling</b> – (50 miles R/T) Frolic in fresh air on this early season ride into Morris county. Soft rolling terrain. Meet at High Gear Cyclery, Millburn, NJ.	August 22 <sup>nd</sup> 6:00 AM NWK	<b>McCarther's Mountain</b> – (120 mile ride R/T). Join Shona & James as we get out early for this hilly stroll to Pennsylvania's scenic Delaware Water Gap.
May 23 <sup>th</sup> 8:00 AM NWK	<b>Washington Rock</b> – (35 or 50 miles R/T) Ride to the top of a New Jersey mountain to look down over the valley, where George Washington saw the advancing British Troops.	August 29 <sup>th</sup> 6:00 AM NWK	<b>Flemington Fling</b> – (45 miles one way 90 R/T) Relatively flat ride out to Hunterdon County. Lunch with the McCarther's before returning.
May 31 <sup>th</sup> 8:30 AM NWK Monday	<b>Somerville Circle</b> – (70 miles R/T) Ride to the Historic "Tour of Somerville" Bicycle Races in Somerville, NJ. Have lunch and watch one of the oldest bicycle races in United States.	Sept. 4 <sup>th</sup> - 6 <sup>th</sup> Sat- Mon	<b>Labor Day Weekend</b> - Log into MTCCNJ Facebook Fan Page or website for weekend details.
June 5 <sup>th</sup> -6 <sup>th</sup> 7:00 AM NWK Sat- Sun	<b>Pro Bike in Philadelphia</b> – (45 or 90 miles R/T) Meet Club at Penn Station and ride to Philly with the Club on <b>Sat or Sunday</b> morning. On Sunday join Bikin Blazers to ride to watch part of the pro Bike race and return to Newark via train on Sunday afternoon.	Sept 11 <sup>th</sup> 10AM-noon BB Park Saturday	<b>MTCCNJ TRAINING SESSION VI</b> – Welcome New Members – <b>Last Session</b> Topic- what to do in the off season. All cyclists are encouraged to participate in lap riding. ( <b>BB = Branch Brook Park Newark. Meet at entrance near Heller Parkway and Mill Street</b> ).
June 12 <sup>th</sup> 10AM- noon BB Park Saturday	<b>MTCCNJ TRAINING SESSION III</b> – Welcome New Members – Topic – Fine tuning your machine, learn how to keep your wheels in shape during the rainy season. All cyclists are encouraged to participate in lap riding. ( <b>BB = Branch Brook Park Newark. Meet at entrance near Heller Parkway and Mill Street</b> )	Sept 12 <sup>th</sup> 7:00 AM NWK	<b>Greenwood Lake</b> – (65 or 100 miles R/T) Scenic miles through Rockland and Orange Counties NY. There are 2 major, 1 mile climbs, but the down hills are worth the climb. Enjoy!
June 13 <sup>th</sup> 7:30 AM NWK	<b>Morristown Challenge</b> – (50 miles R/T) Ride to historic Morristown, NJ, There are a few steep hills on this ride. We will stop at the Morristown Green for lunch before heading back.	Sept 19 <sup>th</sup> 8:00 AM NWK	<b>Grace Land</b> – (50 or 85 miles R/T) Flat to gently rolling roads through scenic towns covering 5 counties.
June 19 <sup>th</sup> 8:00AM Newark City Hall Saturday	<b>Tour de Newark-</b> Join the City of Newark and marshal 100's of riders young and old through the City of Newark 5, 10 and 25 tours (Wear your kit and represent!) Club picture will be taken.	Sept. 26 <sup>th</sup> 7:30 AM GWB	<b>Shona's Revenge -NY Bear Mountain</b> – (100 miles R/T) Strong and steady Shona will lead a challenging ride with rolling hills and major climbs. This is a great and spectacular ride that combines all of your training since you have been riding all summer.
June 20 <sup>st</sup> 8:00 AM NWK	<b>Lisa's Loop-</b> (30-60 miles R/T) Loop through Somerset and Mercer county rural areas with a stop in Princeton.	Oct. 3 <sup>th</sup> 7:00 AM NWK	<b>Princeton Ride</b> – (45 or 80 mile R/T) Flat high octane fuel burner ride from urban Jersey to suburban Jersey via Rt. 27.
June 27 <sup>th</sup> 8:30 AM NWK	<b>Sowell's Domain</b> - (25 or 55 miles R/T) Ride thru Essex & Morris Counties with a Cook-Out & Membership Meeting after the ride at 955 Stuyvesant Ave in Irvington. The location is 5 miles from Penn Station, ride or drive to the meeting. Call (973) 416-0879 or e-mail <a href="mailto:sowell2000@aol.com">sowell2000@aol.com</a> to confirm your attendance so that we can plan - for adequate food and beverage. <b><u>Rain Date July 4, 2010.</u></b>	Oct. 9 <sup>th</sup> -10 <sup>th</sup> Sat & Sun Special	<b>RIDE TO THE RIDE (Seagull Century)</b> – Roll out with club members on Oct. 7 <sup>th</sup> and Ride to the Ride where MTCCNJ along with 8,000+ cyclists participate in one of the larges Cycling events in the Country or you can meet us for the "Ride". For more details on the "Ride" go to <a href="http://www.seagullcentury.org">www.seagullcentury.org</a> or contact James McCarther (201)563-9639.
July 3 <sup>th</sup> - 4 <sup>th</sup> TBD	<b>Fourth of July Holiday Weekend-</b> Log into Major Taylor Cycling Club of New Jersey Facebook Fan Page or website for weekend details.	Oct. 17 <sup>th</sup> TBD	<b>Tour de Bronx</b> –15, 25 or 40 mile rides, this is the largest free cycling event in NYC, sponsored by Transportation Alternatives & Bronx Borough Please go to <a href="http://www.tourdebronx.org">www.tourdebronx.org</a> for details.
July 10 <sup>th</sup> 10AM- noon BB Park Saturday	<b>MTCCNJ TRAINING SESSION IV</b> – Welcome New Members – Topic review cycling basics and safety on the road. All Cyclists are encouraged to participate in lap riding. ( <b>BB = Branch Brook Park Newark</b> )	Oct. 24 <sup>th</sup> 8:00 AM NWK	<b>Randy's Home Run</b> –(65 miles R/T) Cool sprint on RT27 to RT 527. Look out over the Watchung Ridge and reflect on how far you have come in one season.
July 11 <sup>th</sup> 8:00 AM NWK	<b>Randy's Tri-County Challenge</b> – (45 or 83 miles R/T) Ride through Essex, Passaic and Morris counties. Remember "what goes up must come down". Survive the climbs and you will love the descents.	Oct. 31 <sup>st</sup> 9:00 AM NWK	<b>Where the Eagles Rest</b> - 25 mile ride to Eagle Rock Reservation in West Orange. Breakfast at Diner. LAST RIDE OF SEASON - Club Picture to be Taken